

North County Neurology Associates
6010 Hidden Valley Road, Suite 200 Carlsbad, CA 92011
1955 Citracado Pkwy., Ste. 200 Escondido, CA 92029
9850 Genesee Ave., Ste. 470 La Jolla, CA 92037
15611 Pomerado Rd, Suite 505 Poway, CA 92064
Phone: 760-631-3000
Fax: 760-631-3016



Jihad Jaffer, M.D.

EDUCATION

- CASE WESTERN RESERVE UNIVERSITY/METROHEALTH MEDICAL CENTER, CLEVELAND, OHIO
07 / 2006 - 06 / 2009
Residency in Physical Medicine and Rehabilitation
 - MOUNT SINAI HOSPITAL/ELMHURST HOSPITAL CENTER, NEW YORK, NEW YORK
07 / 2003 - 06 / 2006
Residency in Internal Medicine, Completed 06 / 2006
 - NEW YORK MEDICAL COLLEGE, VALHALLA, NEW YORK
06 / 2002 - 06 / 2003
Fifth Pathway Certificate of Completion, 06 / 2003
 - UNIVERSIDAD AUTONOMA DE GUADALAJARA, GUADALAJARA, MEXICO
07 / 1998 - 06 / 2002
Doctor of Medical and Surgical Specialties Conferred 06 / 2002
 - UNIVERSIDAD AUTONOMA DE GUADALAJARA, GUADALAJARA, MEXICO
01 / 1999 - 01 / 2000
Certificate in Medical Spanish
 - UNIVERSITY OF CALIFORNIA AT SAN DIEGO, LA JOLLA, CALIFORNIA
09 / 1992 - 06 / 1997
B.A. Psychology, B.S. Biology Conferred 06 / 1997
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LICENSURE & CERTIFICATIONS

- California Medical License Number – A98822
 - ABPM&R Board Certified July 2010
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AWARDS, MEMBERSHIP, AND COMMITTEES

- Physician Champion of the Rehabilitation Workgroup - Community Hospital of the Monterey Peninsula
- Physician Champion of the Dysphagia Team - Community Hospital of the Monterey Peninsula
- Member of the Clinical Informatics Workgroup - Community Hospital of the Monterey Peninsula
- 2013 Cleveland's Best Doctors, *Cleveland Magazine*
- 2012 MetroHealth PM&R Faculty Teaching Award
- 2009 Best Resident Research Award
- 2008 Chair Award for Resident Professionalism
- Associate Member of the American Academy of Physical Medicine and Rehabilitation
- Member of the American Institute of Ultrasound in Medicine

CLINICAL EXPERIENCE

Community Hospital of the Monterey Peninsula / Montage Medical Group, Monterey, CA (2013 - 2017)

- Inpatient consultation/admission and Inpatient Unit coverage
- Amputee Rehabilitation including pre and post amputation management
- Sports Medicine and General Musculoskeletal Medicine
- Musculoskeletal Ultrasound and Ultrasound guided injections
- Therapeutic injections including carpal tunnel, trigger point, Botox, joint injections

MetroHealth Medical Center, Cleveland, OH (2006 - 2013)

- Geriatric and General Psychiatry
- Sports Medicine and General Musculoskeletal Medicine
- Amputee Rehabilitation including pre and post amputation management
- Inpatient consultation/admission and Inpatient Unit Coverage
- Musculoskeletal Ultrasound and Ultrasound guided injections
- Performance of fluoroscopically guided spine and peripheral joint injections
- Performing and interpreting EMGs and Nerve Conduction Studies
- Therapeutic injections including carpal tunnel, trigger point, Botox, phenol, joint injections
- Industrial Medicine
- Director of Diagnostic and Interventional Ultrasound Workshop for Resident Education
- Training of medical students, residents, and fellows
- Compliance Committee MetroHealth Rehabilitation Institute of Ohio
- Responsible for Medical Emergencies in residents' didactics
- Shared responsibilities for Musculoskeletal Medicine in residents' didactics

Mount Sinai Hospital/Elmhurst Hospital Center, New York, NY (2003 - 2006)

- Inpatient wards, intensive care units, outpatient clinics, and emergency department

Therapy Assistant, Advanced Medical Center, San Jose, CA (1997 - 1998)

- Application of physical modalities including heat/cold, electrical stimulation, lumbar traction, ultrasound and guidance on prescribed exercise therapy programs, pressure point massage

PROFESSIONAL EXPERIENCE

- THE NEUROLOGY CENTER, CARLSBAD, CALIFORNIA
Physical Medicine and Rehabilitation Staff Physician
09 / 2017 - Present
- COMMUNITY HOSPITAL OF THE MONTEREY PENINSULA, MONTEREY, CALIFORNIA
Medical Director of the Inpatient Rehabilitation Unit
09 / 2013 - 09/2017
- MONTAGE MEDICAL GROUP, MONTEREY, CALIFORNIA
Physical Medicine and Rehabilitation Staff Physician
09 / 2013 – 09/ 2017
- METROHEALTH MEDICAL CENTER, CLEVELAND, OHIO
Physical Medicine and Rehabilitation Attending Physician
07 / 2009 - 08 / 2013
- CASE WESTERN RESERVE UNIVERSITY, CLEVELAND, OHIO
Assistant Professor
07 / 2009 - 08 / 2013

HOSPITAL AFFILIATIONS

- **Scripps Memorial Hospital**, Encinitas, California, Provisional Privileges ■ 2017 – Present
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EDUCATIONAL COURSES

- Musculoskeletal Ultrasound Workshop (Instructor/Lab Coordinator) - Cleveland Clinic - September 2015
 - Musculoskeletal Ultrasound Workshop (Instructor/Lab Coordinator) - Cleveland Clinic - September 2014
 - Musculoskeletal Ultrasound Workshop (Instructor) - Cleveland Clinic - May 2013
 - 8th Annual Fundamentals of Musculoskeletal Ultrasound - iiCME - March 2013
 - Peripheral Nerve Stimulator Hands-On Conference - iiCME - March 2013
 - 7th Annual Fundamentals of Musculoskeletal Ultrasound - iiCME - March 2012
 - Hands-on Diagnostic and Interventional Musculoskeletal Ultrasound in the Upper Limb - American Institute of Ultrasound in Medicine - July 2011
 - Advanced Musculoskeletal Ultrasound - Gulf Coast Ultrasound - June 2010
 - Lumbar Spine Injection - North American Spine Society - April 2009
 - Helms Medical Acupuncture for Physicians - Helms Medical Institute - April 2008
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RESEARCH

- A prospective case series feasibility study of peripheral nerve stimulation therapy for the treatment of pain following total knee arthroplasty - Research ongoing
 - Effectiveness of pain reduction from a prosthesis with incorporated TENS unit for amputees with phantom pain - Research ongoing
 - Laboratory testing of short-term effects of electrical nerve block on neuroma pain in amputees - Research ongoing
 - Development of phantom models for ultrasound guided joint injections - Research ongoing
 - Development of musculoskeletal ultrasound teaching module for residents - Research ongoing
 - Ultrasound localization of subcutaneous electrodes in a porcine shoulder
 - Bovine shoulder and hip models to teach ultrasound-guided injections
 - A musculoskeletal ultrasound workshop utilizing bovine shoulder models
 - Effectiveness of TENS in the treatment of phantom pain in amputees
 - Analysis of clinician prescription and documentation of patient activity levels
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PRESENTATIONS

Introduction to Dysphagia - Monterey, CA - April 2015

- Back Pain in Women - Every Woman - Cleveland, OH - April 2013
- Multidisciplinary Musculoskeletal Ultrasound Workshop - Resident Education Series - MetroHealth Medical Center, Cleveland, OH - March - May 2013
- Lecture Series for Musculoskeletal Medicine - Resident Education Series - MetroHealth Medical Center, Cleveland, OH - February - May 2013
- Diagnostic and Interventional Ultrasound Workshop - Resident Education Series - MetroHealth Medical Center, Cleveland, OH, - October - December 2011
- Lecture Series for Musculoskeletal Medicine - Resident Education Series - MetroHealth Medical Center, Cleveland, OH - October - December 2011
- Phantom Pain in the Amputee Patient - Amputee Support Group - Cleveland, OH - June 2009

- Phantom Pain - Physical Medicine and Rehabilitation Grand Rounds - MetroHealth Medical Center, Cleveland, OH - February 2009
- Emergencies on the Rehabilitation Units - Resident Clinical Education - MetroHealth Medical Center, Cleveland, OH - July 2008
- Effects of Bedrest and their Management - Internal Medicine Grand Rounds - Elmhurst Hospital Center, New York, NY - September 2006
- Effects of Immobilization in the Hospitalized Patient - Internal Medicine Grand Rounds - Elmhurst Hospital Center, New York, NY - March 2006

PUBLICATIONS

- A Prospective Study for the Development of an Ultrasound Guided Joint and Tendon injection Course For PM&R Residency Programs - AAP Poster Presentation, New Orleans, LA - March 2013
- 5 Tips for Starting a New Fitness Program - MetroHealth Every Woman Newsletter - January 2013
- A Musculoskeletal Ultrasound Workshop Utilizing Bovine Shoulder Models - AAPM&R Poster - Orlando, FL - November 2011
- Bovine Shoulder and Hip Models to Teach Ultrasound-Guided Injections - *American Journal of Physical Medicine and Rehabilitation* - September 2011
- Real Time Verification of Electrically Evoked Phrenic Nerve Response in High Tetraplegic Patients, AAP Poster Grand Rounds, Bonita Springs, FL - April 2010
- Effectiveness of TENS in the Treatment of Phantom Pain in Amputees - AAP Poster Presentation, Bonita Springs, FL - April 2010