



Memory Management Program

Medication to try to AVOID with memory loss. Please speak with your Health Care Provider, before stopping any of these medications. Together we can determine what adjustments can be made to your regimen.

- **Tricyclic Antidepressants:**
 - Amitriptyline (Elavil)**
 - Nortriptyline (Pamelor)**
 - Clomipramine (Anafranil)**
 - Doxepin (Sinequan)**
 - Imipramine (Tofranil)**
 - Desipramine (Norpramin)**
 - Protriptyline (Vivactil)**

- **Bladder Medications:**
 - Oxybutynin (Ditropan)**
 - Tolterodine (Detrol)**

- **Allergy Medications:**
 - Benadryl**
 - Chlor-Trimeton**

- **Anti-nausea Medications:**
 - Phenegan**
 - Reglan**