



10 WARNING SIGNS TO MEMORY LOSS

- **Recent memory loss that affects job skills.** It's normal to forget people's names from time to time, but frequent forgetfulness is cause for concern.
- **Difficulty performing familiar tasks.** Anyone can leave a button unbuttoned. But when someone becomes persistently challenged by button, or other tasks of daily living that most people take for granted, it might signal Alzheimer's.
- **Language problems.** From time to time, anyone can have difficulty finding the right word. But for people with Alzheimer's, simple words present problems, and sentences can become incomprehensible.
- **Time and place disorientation.** It's normal to forget the date or destination. But people with Alzheimer's often feel lost standing across the street from their homes.
- **Loss of judgment.** Anyone can fail to notice that an item of clothing is stained. But when someone dressed completely inappropriately—wearing several shirts or mistaking underwear for a hat—that's cause for concern.
- **Problems with abstracting thinking.** Anyone can struggle over balancing a check book. People with Alzheimer's forget what numbers are for and how to use them.
- **Misplacing things.** Anyone can misplace a wallet or key. But when someone puts a wallet in the refrigerator, or keys in the sink, that might be signals of Alzheimer's.
- **Changes in mood or behavior.** Changing moods are a fact of life. But people with Alzheimer's often exhibit rapid mood changes – from calm to tears to rage – for no apparent reason.
- **Changes in personality.** People often become more “crotchety” as they get older. But Alzheimer's often makes people paranoid, very confused, or fearful.
- **Loss of initiative.** It's normal to get bored with daily activities. But when peoples lose much of their get-up-and-go, that's cause for concern.

Please complete the following:

1. Copy this drawing

3. Draw the face of a clock and set the time for ten minutes after three.

Please answer the following questions.

1. Who is the president of the United States?

2. Who was the most recent past president of the United States?

3. Who was president during Watergate?

What to the following items have in common?

1. Apple and Orange

2. Car and Boat

3. Coat and Shoe

4. Table and Chair

5. Poem and Statue